



## Timetables

### Year 3

Upgrade students enter the degree programme in Year Three and receive exemption from Year One and Year Two modules.

**Please note: All applicants must have successfully completed a Diploma in Counselling & Psychotherapy to be eligible for the Upgrade Programme.**

Applicants choose from the following venues either during weekdays or every second weekend.

### Year 4

**Provisional** Timetable and venue varies according to student module choices.

|                      | Dublin West                        | Dublin City Centre                 | Kilkenny    | Limerick                           | Cork                               |
|----------------------|------------------------------------|------------------------------------|-------------|------------------------------------|------------------------------------|
| Monday               |                                    |                                    |             |                                    |                                    |
| Tuesday              | 14.00-19.00                        |                                    | 14.00-19.00 |                                    |                                    |
| Wednesday            |                                    | 14.00-19.00                        |             |                                    |                                    |
| Tuesday & Thursday   |                                    |                                    |             |                                    |                                    |
| Every Second Weekend | Fri. 18.30-21.30 & Sat. 9.30-17.30 | Fri. 18.30-21.30 & Sat. 9.30-17.30 |             | Fri. 18.30-21.30 & Sat. 9.30-17.30 | Fri. 18.30-21.30 & Sat. 9.30-17.30 |

## Application Process

Applicants should complete and return the course Application Form accompanied by an initial deposit of €250, which is deductible from course fees if the application is successful. Applicants are entitled to a full refund of the initial deposit if they decide to cancel within 7 days of receipt of their application. Should an application be unsuccessful, or if the application is cancelled by the applicant following this 7 day period or after interview, an administration fee of €60 is charged and the balance of €190 is refunded.

Intake interviews will be arranged for suitable applicants. Applicants who are offered a place will be required to confirm acceptance in writing, accompanied by a Booking Deposit of €1,000. When an applicant has accepted a place, a binding agreement is created and all tuition fees, including deposits, shall be fully non-refundable in all personal circumstances.

## Fees

PCI College tuition fees for BSc Upgrade courses commencing in September 2018 are as follows:

|                             |        |
|-----------------------------|--------|
| <b>Year 3</b>               | €4,200 |
| <b>Year 4</b>               | €2,950 |
| <b>MU Registration Fee*</b> | €1,100 |

\*Students are required to register with Middlesex University before the course commences in the first year of study, this is a once off fee and is payable in addition to any Tuition Fees due.

\*Any year one or year two module that was not exempted must be taken as a catch up module - there are additional fees for required modules.

**In order to facilitate students, PCI College has introduced a monthly Direct Debit Plan. Please note that there is an extra charge of €80 for this option. Full details of the payment plan can be viewed on our website [www.pccollege.ie](http://www.pccollege.ie)**

## Accreditation

The BSc (Honours) Degree in Counselling & Psychotherapy is quality assured by Middlesex University and you will receive a Middlesex Level 6 FHEQ (comparable to Level 8 NFQ) award on successful completion of the course. The requirements for professional accreditation (with the IACP or similar) are not part of the BSc Upgrade programme. Students who wish to work towards professional accreditation must enter the BSc (Honours) degree programme in Counselling & Psychotherapy at Year 1 or 2.

## Terms & Conditions

### Entry Requirements:

It is the responsibility of the applicant to ensure that he/she fulfils the minimum entry requirements for a chosen course, and to ensure that the chosen course is suitable for his/her needs and level of ability. Once an applicant accepts an offer of a place on the course, he/she agrees to abide by the rules and regulations of the College. If the applicant does not reach the acceptable minimum criteria for the course, PCI College has the right to withdraw them from the course.

### Fees:

Tuition Fees are non-refundable in all personal circumstances. The balance of fees for tuition is payable, in full, before the course commences, or by availing of an agreed PCI College Direct Debit Payment Plan. Tuition Fees do not include costs of Additional Requirements such as Personal Therapy, Supervision and CPD.

Once a student is enrolled on a programme of study, no part of course fees are refundable or transferable. No refund will be made in any circumstances to students who fail to attend classes or who commence a course and subsequently feel that the course does not suit him/her. Students who are having their fees paid or part-paid by a third party, should be fully aware that responsibility for payment of fees and liaison with these bodies rests solely with the student and not with PCI College.

The College makes every effort to provide the Programme as described, and to avoid altering course dates, tutors, locations etc. However, should any changes be necessary, you will be notified at the earliest opportunity. All courses run subject to demand and the formation of a viable class cohort. A full refund will be given to all applicants in the event that the class does not proceed.

Where a student receives a refund and chooses to keep the refunded fees on their account, this credit shall only be applicable to programmes within that programme category (e.g. counselling & psychotherapy or CPD or Psychology). Credit will remain on the students account for a period of two years from the date of refund.

### Student Requirements:

Students are required to have sufficient IT skills and access to appropriate IT facilities to participate in the course. All students are assigned an individual email address and given access to an online Student Portal. The Portal includes course materials, an online library and College announcements and students are required to upload all written assignments online. Email is the primary communication method of the College and all students are requested to access their individual email account on a regular basis to ensure receipt of all notices.

Students with a disability may require adjustments to facilitate their learning. These adjustments will be fully evaluated by PCI College. Students are requested to make the College aware of any disability, special need or learning support requirement on application.

Students may be requested to participate in Garda Vetting procedures in relation to programme and accreditation requirements.

Our Terms and Conditions may change and be updated from time to time. Students are requested to review the current version of Terms and Conditions on our website at [www.pccollege.ie](http://www.pccollege.ie).

## APPLICATION FORM

### 1. Personal Details (Please fill all fields in BLOCK CAPITALS)

Name: (for registration—as appears on passport/utility bills)

Forename: \_\_\_\_\_ Middlename: \_\_\_\_\_ Surname: \_\_\_\_\_

Address: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Nationality: \_\_\_\_\_

Ethnicity: \_\_\_\_\_

(Please leave blank if you prefer not to say)

Telephone: Home: \_\_\_\_\_ Work: \_\_\_\_\_

Mobile: \_\_\_\_\_

Email: \_\_\_\_\_

Current Employment: \_\_\_\_\_

Where did you see details of this course advertised? \_\_\_\_\_

| FOR OFFICE USE ONLY |         |
|---------------------|---------|
| ID No: _____        | IT: Y/N |
| Deposit: _____      |         |
| Interview: _____    |         |
| Offer: _____        |         |
| Accepted: _____     |         |

2. I wish to apply for a place on the course commencing September 2018. I have indicated my **Top 3 Preferences** of venue and time, from the options below. (1 being the most preferred, 2 being next preferred and so on) : Please note that we operate on a first come, first served basis.

|   |                                   |                    |   |
|---|-----------------------------------|--------------------|---|
| <input type="checkbox"/> Tuesday              | 14.00-19.00                       | Dublin West        | PCI College, Corrig House, Old Naas Road, Clondalkin, Dublin 22 |
| <input type="checkbox"/> Tuesday              | 14.00-19.00                       | Kilkenny           | Butler House, 16 Patrick St, Kilkenny City, Kilkenny            |
| <input type="checkbox"/> Wednesday            | 14.00-19.00                       | Dublin City Centre | College House, Townsend Street, Dublin 2                        |
| <input type="checkbox"/> Every Second Weekend | Fri 18.30-21.30<br>Sat 9.30-17.30 | Dublin City Centre | College House, Townsend Street, Dublin 2                        |
| <input type="checkbox"/> Every Second Weekend | Fri 18.30-21.30<br>Sat 9.30-17.30 | Dublin West        | PCI College, Corrig House, Old Naas Road, Clondalkin, Dublin 22 |
| <input type="checkbox"/> Every Second Weekend | Fri 18.30-21.30<br>Sat 9.30-17.30 | Limerick           | Mary Immaculate College, Limerick                               |
| <input type="checkbox"/> Every Second Weekend | Fri 18.30-21.30<br>Sat 9.30-17.30 | Cork               | Cork Education Support centre at the Rectory Western Road, Cork |

### 3. Education in Counselling & Psychotherapy

INTRODUCTORY COURSE - CERTIFICATE IN COUNSELLING & PSYCHOTHERAPY (OR SIMILAR)

Name of Course: \_\_\_\_\_

Institution: \_\_\_\_\_

Award: \_\_\_\_\_

CORE COURSE - 450 HOURS (Diploma in Counselling & Psychotherapy)\*

Name of Course: \_\_\_\_\_

Institution: \_\_\_\_\_

Award: \_\_\_\_\_ Hours: \_\_\_\_\_

Main Tutors: 1. \_\_\_\_\_ 2. \_\_\_\_\_

Qualifications: \_\_\_\_\_

\*Please note that you must include your Core Course Outline, Transcript of Results, Copy of Relevant Qualifications and a Complete Course Comparison Form.

## APPLICATION FORM

### CLINICAL WORK

Are you accredited with any recognised counselling bodies? \_\_\_\_\_

Hours of one to one supervised counselling (must be substantiated by letter from supervisor)

\_\_\_\_\_

Hours of personal therapy (must be substantiated by letter from your counsellor) \_\_\_\_\_

Please give names and addresses of two personal referees who would attest to your competence to undertake the degree programme and to your suitability to act in the capacity of counsellor. (BLOCK CAPITALS PLEASE)

|      |          |       |       |          |       |
|------|----------|-------|-------|----------|-------|
| 1    | Name:    | _____ | 2     | Name:    | _____ |
|      | Address: | _____ |       | Address: | _____ |
|      |          | _____ |       |          | _____ |
|      |          | _____ |       |          | _____ |
| Tel: | _____    | Tel:  | _____ |          |       |

If you have a disability or special need, will you require extra learning support?

Yes       No

If yes, please give details?

\_\_\_\_\_

I wish to join the BSc in Counselling & Psychotherapy Upgrade Programme and

1. I have completed a Diploma in Counselling & Psychotherapy / Diploma in Addiction Counselling

I attach the following:-

2. Copy of Core Course Prospectus / Core Course Outline
3. Transcript of Results of all my assessments / examinations
4. Copy of all relevant qualifications
5. Completed Course Comparison Form
6. Letter from counsellor to verify 50 hours of personal therapy
7. Letter from supervisor to verify 100 hours of client work
8. €250 deposit

### 5. I enclose a deposit of €250.00 (of which €60.00 is non-refundable)

VISA / MASTERCARD / LASER       CHEQUE

Card No: \_\_\_\_\_

Exp Date: \_\_\_\_ / \_\_\_\_      Security Code: \_\_\_\_\_ (on back of card)

Name on Card \_\_\_\_\_

### 6. Declaration

I wish to register for the programme selected above and understand the academic and professional provisions of the course. I declare that the information provided in this application is accurate. I have read and understood the Terms and Conditions for programme registration (as set out in page 3 of this application form and online at [www.pccollege.ie](http://www.pccollege.ie)) and I agree to be bound by these Terms and Conditions.

Signed: \_\_\_\_\_

Date: \_\_\_\_\_

| <p><b>Module Number / Description</b></p>  | <p><b>What is covered in the PCI College Module:<br/>(Summary of Learning Outcomes.<br/>Further detail is available in the course Narratives )</b></p>  |
|--|---|
| <p><b>Year 1:<br/>PCIBSCCP 1401</b></p> <p><b>Humanistic &amp; Existential Approaches:<br/>Relational Perspectives in Counselling &amp; Psychotherapy</b></p> <p><b>30 Credits</b></p> | <ul style="list-style-type: none"> <li>• The Core principles of Person-Centred therapy.</li> <li>• The Core principles of Existential therapy.</li> <li>• The relationship between the Humanistic and Existential approaches to counselling with particular emphasis on the contribution of Carl Rogers, Eugene Gendlin, Brian Thorn, Dave Mearns, Abraham Maslow, Edmund Husserl, Rollo May, Victor Frankl, Irvin Yalom and Fritz Perls.</li> <li>• The common and unique characteristics of Humanistic and Existential psychotherapy.</li> </ul>  |
| <p><b>Year 1:<br/>PCIBSCCP 1402</b></p> <p><b>Humanistic Therapeutic Skills</b></p> <p><b>30 Credits</b></p>   | <ul style="list-style-type: none"> <li>◊ Understand how to establish an appropriate setting for counselling, including making a working contract, establishing Therapeutic Alliance and managing time within the counselling relationship.</li> <li>◊ Demonstrate the following base-line skills: Establishing a warm accepting relationship, Attending, Active listening, Reflecting skills, Being concrete, Prioritising, Exploring choices, Primary empathy, Probing skills.</li> <li>◊ Self-evaluate ability to offer a structured counselling experience to a client and demonstrate awareness of how issues for the counsellor can affect the counselling process.</li> </ul>   |
| <p><b>Year 1:<br/>PCIBSCCP 1403</b></p> <p><b>Personal Development &amp; the Student Counsellor:<br/>An Exploration of Self</b></p> <p><b>30 credits</b></p>                           | <ul style="list-style-type: none"> <li>• Demonstrate the self-awareness required to becoming an effective counsellor and the tasks involved in integrating personal experiences into professional selves.</li> <li>• Demonstrate knowledge of the following frameworks and tools: Johari Window, Maslow's Hierarchy of Needs, Rogers Conditions of Worth, Goleman's theory of Emotional Intelligence, The Nature V. Nurture debate, Erickson's Stages of psychosocial development, Kohlbergs stages of Moral development and Bronfenbrenner's ecological systems model.</li> <li>• Identify significant areas of influence on own development through reflecting on the roots of personal identity, communication style, emotional life and patterns of social relationships.</li> <li>• Indicate a self-knowledge, especially in the areas of Conditions of Worth, needs, moral development, emotional intelligence and relationships.</li> <li>• Acknowledge personal limitations and recognise potential to transcend them.</li> <li>• Engage effectively in group process.</li> </ul> |



| <p><b>Module Number / Description</b></p>  | <p><b>What is covered in the PCI College Module (Summary of Learning Outcomes. Further detail is available in the course Narratives )</b></p>   |
|--|---|
| <p><b>Year 2:<br/>PCIBSCCP 2501</b></p> <p><b>Psychotherapy &amp; Science: Psychology, Psychiatry &amp; Cognitive Behavioural Therapy</b></p> <p><b>30 credits</b></p> | <ul style="list-style-type: none"> <li>◊ The concept of psychological abnormality or mental illness; perspectives of relativism and socio-cultural influences. Scientific principles and practices relevant to counselling and psychotherapy, including empiricism, causality and reductionism</li> <li>◊ Major categories of psychiatric disorders, including anxiety disorders, personality disorders, substance abuse and addiction, mood disorders. Psychological concepts relevant to counselling and psychotherapy, including behaviourism and neuropsychology. The DSM-5.</li> <li>◊ Current thinking in relation to evidence-based approaches to counselling and psychotherapy, especially Behaviour Therapy, CBT, and the effectiveness and limitations of these approaches.</li> <li>◊ The application of the Cognitive-Behavioural model to the most common mental health disorders (Depression, social anxiety, generalised anxiety, panic disorder, substance addiction) Use of guided discovery, key cognitions and self-defeating behaviours.</li> <li>◊ Boundaries and limits of counselling and psychotherapy; interface with psychiatry and medical approaches.</li> <li>◊ Biopsychosocial approaches.</li> </ul> |
| <p><b>Year 2:<br/>PCIBSCCP 2402</b></p> <p><b>Case Management &amp; Therapeutic Skills in Professional Practice</b></p> <p><b>30 credits</b></p>                       | <ul style="list-style-type: none"> <li>• The main codes of ethics in the field of Counselling &amp; Psychotherapy field in Ireland and UK. The key elements of what constitutes an ethical dilemma and critically assess the main aspects of Irish and British Law that impinge on counselling practice.</li> <li>• Demonstrate increased self-knowledge in areas such as values, prejudices, strengths and weaknesses with regard to boundaries, levels of general well-being and potential point of impairment of own competence. Show an understanding of, and the ability to maintain, confidentiality. Outline the key elements of a counsellor/client contract.</li> <li>• Demonstrate the ability to write and keep satisfactory case notes.</li> </ul>  |
| <p><b>Year 2:<br/>PCIBSCCP 2503</b></p> <p><b>Universal Issues in Counselling &amp; Psychotherapy: The Relational Self</b></p> <p><b>30 credits</b></p>                | <ul style="list-style-type: none"> <li>◊ Universal dynamics of 'self in relationship' Key figures and cornerstones of attachment theory: Attachment, attunement, rupture and repair.</li> <li>◊ The family genogram. Loss, Stages and symptoms of grief, intervention frameworks for the grieving client, global theories of love and Intimacy, Biological basis of sexuality, gender expression and the therapist as a sexual being</li> </ul>   |
| <p><b>Year 2:<br/>PCIBSCCP 2504</b></p> <p><b>Group Supervision</b></p> <p><b>30 credits</b></p>   | <ul style="list-style-type: none"> <li>• Using Supervision effectively</li> <li>• Writing case notes</li> <li>• Counselling Codes of Ethics and Ethical Decision-Making</li> <li>• Contracting with clients – confidentiality, informed consent, etc.</li> <li>• Assessment</li> <li>• Case Formulation</li> <li>• Referral</li> </ul>  |





**Course Comparison Form (Use Additional Pages if required)**

BSc (Hons) in Counselling & Psychotherapy Programme

**Please see Additional Information on Pages 5 & 6 for details of what is covered in the PCI College Modules**

| Module Number    | Description  | Match with the relevant content from your core course. Reference the Prospectus or Course Description from Institute | No. of Hrs | How was module assessed? | Grade awarded |
|------------------|--|--|------------|--------------------------|---------------|
| PCIBSCCP<br>1401 | Humanistic & Existential Approaches:<br>Relational Perspectives in Counselling & Psychotherapy |  |            |                          |               |
| PCIBSCCP<br>1402 | Humanistic Therapeutic Skills  |  |            |                          |               |
| PCIBSCCP<br>1403 | Personal Development & The Student Counsellor:<br>An Exploration of Self                       |  |            |                          |               |
| PCIBSCCP<br>2501 | Psychotherapy & Science: Psychology, Psychiatry & Cognitive Behavioural Therapy                |  |            |                          |               |
| PCIBSCCP<br>2402 | Case Management & Therapeutic Skills in Professional Practice                                  |  |            |                          |               |
| PCIBSCCP<br>2503 | Universal Issues in Counselling & Psychotherapy:<br>The Relational Self                        |  |            |                          |               |
| PCIBSCCP<br>2504 | Group Supervision  |  |            |                          |               |