

# Blended Learning Certificate in Counselling & Psychotherapy

## Course Information Sheet

The Blended Learning Certificate in Counselling & Psychotherapy will introduce students to a basic knowledge of counselling, the importance of personal development, key skills and selected approaches to the therapy process. The course is delivered through Blended Learning, with written course material presented online, through the PCI College Student Portal, and supported by online forum discussions, lecturer support and two classroom-based Weekend Workshops.

### Online Delivery:

Students can register for and begin the Blended Learning Certificate at any time, completing modules and assignments at their own pace. On registration, students are provided with Log In details and a Course Handbook which will guide them through the material on the portal.

Course material includes:

- written notes
- power point video presentations
- video demonstrations
- experiential exercises
- online academic references
- further suggested reading.

Students cover the course modules at their own pace and complete exercises as they progress through each module recording each in a workbook. Workbooks are returned to PCI College Assignments at the end of the online part of the course. Students are also asked to complete a book review and journaling assignment which are reviewed by course tutors.

A Course Timeline Chart shows the sequence of modules, workshops and assignments. A suggested study period for each module is 4-6 weeks; however students can complete the course at a quicker or slower pace depending on their preferences and commitments.

### Student Support:

The Blended Learning Certificate has a faculty Programme Leader who oversees the registration of students, the delivery of course material and the scheduling of weekend workshops. The Programme Leader is joined by several other faculty lecturers in the delivery of course content, including video content, participation in discussion forums and facilitation of weekend workshops. This ensures that students get a diverse range of expertise and experience from faculty lecturers as part of their course.



### Introduction to Counselling & Psychotherapy

Those who want to complete the online part of the course only can do so and will be awarded a Introduction to Counselling & Psychotherapy Certificate

### Classroom Workshops:

Interpersonal communication, personal development issues and the application of theory to practice are explored over two Weekend Workshops, where students must attend class in the PCI College Dublin West Campus. Workshop content will relate to material covered in online modules and therefore it is necessary for the appropriate module workbooks to be completed and submitted a minimum of 2 weeks in advance of the Weekend Workshop. Weekend Workshops are scheduled on a rolling basis throughout the year and students may register for the next scheduled workshop once they have completed and submitted the appropriate material.

### Progression:

On successful completion of the programme, students will receive a PCI College Certificate in Counselling & Psychotherapy. All Certificate students are invited to apply to our BSc (Hons) in Counselling & Psychotherapy (Level 8), validated by Middlesex University and which fully meets the training criteria of the IACP. Entry is by application and interview and the BSc degree programme is delivered in classroom

For more information and to register, log on to [www.picollege.ie](http://www.picollege.ie) or contact:

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